

The Fuzzy Duck Allergens List

Fajita		Gluten		EGGS		MILK		MUSTARD						SULPHITES
Festive		Gluten		EGGS		MILK								SULPHITES
Jalapeno cheese		Gluten		EGGS		MILK								SULPHITES
Leek & stilton		Gluten		EGGS		MILK								SULPHITES
Mexican		Gluten		EGGS		MILK								SULPHITES
Moroccan		Gluten		EGGS		MILK			NUTS					SULPHITES
Mushroom & thyme		Gluten		EGGS		MILK								SULPHITES
Piri piri		Gluten		EGGS		MILK								SULPHITES
Pork apple		Gluten		EGGS		MILK								SULPHITES
Roasted peppers		Gluten		EGGS		MILK								SULPHITES
Samosa		GLUTEN		EGGS		MILK								SULPHITES
Smoked chorizo		GLUTEN		EGGS		MILK								SULPHITES
Spinach feta onion		Gluten		EGGS		MILK								SULPHITES
Traditional		Gluten		EGGS		MILK								SULPHITES
VEGGIE & VEGAN ROLLS														
feta, spinach & caramelised onion		GLUTEN				MILK								SULPHITES
butternut, chickpea & chilli									NUTS				SOYA	
cauliflower bhajji													SOYA	
cheese & onion						MILK								
CAKES														
Angel		Gluten		EGGS		MILK							**TRACE	
Apple cinnamon tarts		Gluten		EGGS		MILK								
Banana nut cake		Gluten		EGGS		MILK			NUTS					
Banana white choc		Gluten		EGGS		MILK								
Banoffee cake		Gluten		EGGS		MILK			**TRACE					SULPHITES
Banoffee tarts		Gluten		EGGS		MILK							**TRACE	
Brownie		Gluten		EGGS		MILK								
Butterfly buns		Gluten		EGGS		MILK			**TRACE				**TRACE	SULPHITES
Cappuccino		Gluten		EGGS		MILK								
Caramel tarts		Gluten		EGGS		MILK			**TRACE					(sulphites) E220
Caramel tarts - Banoffee		Gluten		EGGS		MILK			**TRACE					
Caramel tarts - Peanut butter		Gluten		EGGS		MILK			NUTS	PEANUTS	**TRACE			
Caramel tarts - Salted caramel & peanut		Gluten		EGGS		MILK			NUTS	PEANUTS				
Carrot		Gluten		EGGS		MILK			NUTS					
Cheese cake		Gluten				MILK								
Cherry Bakewell		Gluten		EGGS		MILK			NUTS				SOYA	SULPHITES
Choc fudge		Gluten		EGGS		MILK								
Choc marble		Gluten		EGGS		MILK								
Chocolate & peanut cookies		Gluten		EGGS		MILK				PEANUTS	**TRACE			
Chocolate Gingerbread		Gluten		EGGS		MILK		**TRACE						
Chocolate nests		Gluten				MILK								
Chocolate orange		Gluten		EGGS		MILK								
Coconut raspberry		Gluten		EGGS		MILK								
Coffee caramel		Gluten		EGGS		MILK								
Coffee walnut		Gluten		EGGS		MILK			NUTS					
Doughnut muffins		Gluten		EGGS		MILK								
Fairy cake		Gluten		EGGS		MILK								
Flapjack		Gluten				MILK								
Fruit almond		Gluten		EGGS		MILK			NUTS					
Gingerbread		Gluten		EGGS		MILK								
Lemon blueberry		Gluten		EGGS		MILK								
Lemon drizzle		Gluten		EGGS		MILK								
Lemon layer		Gluten		EGGS		MILK								
Lemon Poppy seed		Gluten		EGGS		MILK								
Lime coconut		Gluten		EGGS		MILK								
Manchester tart		Gluten		EGGS		MILK								
Mince pies		Gluten		EGGS		MILK								
Oaties		Gluten				MILK			NUTS					
Pecan Nutella		Gluten		EGGS		MILK			NUTS					
Rocky road		Gluten				MILK								
Salted caramel and peanut tarts		Gluten		EGGS		MILK				PEANUTS				
Sticky ginger lemon		Gluten		EGGS		MILK								
Treacle slice		Gluten		EGGS		MILK								
Tart Cases		Gluten		EGGS		MILK							SOYA(E306)	
Victoria sponge		Gluten		EGGS		MILK								
White choc peanut		Gluten		EGGS		MILK				PEANUTS				
bounty cake		GLUTEN		EGGS		MILK								
SOUP														
Beef & tomato	CELERY	GLUTEN												(sulphites) E220
Broccoli blue cheese	CELERY					MILK								(sulphites) E220
Broth	CELERY	Gluten												
Butter bean & bacon	CELERY													
Carrot coriander	CELERY													
Cauliflower Cheese	CELERY					MILK								
Chicken	CELERY	Gluten				MILK								
Creamy tomato	CELERY					MILK								
Curried carrot	CELERY													
Leek & potato	CELERY					MILK								(sulphites) E220
Lentil & bacon	CELERY								NUTS					
Mulligatawny	CELERY	GLUTEN												
Pea and ham	CELERY													(sulphites) E220
Savoy cabbage bacon	CELERY													(sulphites) E220
Spiced lentil	CELERY								NUTS					(sulphites) E220
Spiced parsnip	CELERY													
Sweet potato & chilli	CELERY													
Sweet potato & coconut	CELERY													(sulphites) E220
Tomato & pesto	CELERY					MILK			NUTS					
Winter vegetable & Chilli	CELERY					MILK								
OTHERS														
Hot chocolate														
Marshmallows														
BREAD PRODUCTS														
Clabatta		Gluten				**TRACE MILK			**TRCAE NUTS		**TRACE SESAME		**TRACE SOYA	
Brown t cakes		Gluten											SOYA(E306)	
Rustic t cakes		Gluten											SOYA(E306)	
Sliced white bread		Gluten												
White t cakes		Gluten											SOYA(E306)	
Danish pastries		Gluten		EGGS		MILK			NUTS					
BUFFET PRODUCTS														

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BBQ chicken skewers													
Breaded Brie		GLUTEN				MILK						SOYA	
Butternut tarts		GLUTEN		EGGS		MILK							
Chicken satay skewers								MUSTARD	NUTS	PEANUTS	SESAME SEEDS		
Chicken tikka skewers								MUSTARD	NUTS	PEANUTS			
Chicken Samosas		GLUTEN						MUSTARD	**TRACE NUTS				
Filo wrapped prawns		Gluten	CRUSTACEANS										
Humous & veg													
Mini duck spring rolls		Gluten									SESAME SEEDS	SOYA (E306)	
Mini pizzas	**TRACE CELERY	Gluten	**TRACE CRUSTACEANS		**TRACE FISH	MILK		**TRACE MUSTARD	**TRACE NUTS			SOYA	
Mini veg samosas		Gluten									SESAME	SOYA(E306)	
Mini veg spring rolls		Gluten									SESAME	SOYA(E306)	
Sausage rolls (see above for specific flavours)		GLUTEN		EGGS		(MILK)		(MUSTARD)					METABISULPHITE CARAMEL AMONIA
Sesame prawn balls		GLUTEN	CRUSTACEANS								SESAME		
Spinach, feta & red onion parcels		GLUTEN		EGGS		MILK							SULPHITES
Quiche		GLUTEN		EGGS		MILK							
Savoury croissants		GLUTEN		EGGS		MILK							
Coleslaw				EGGS									
Chutney													METABISULPHITE
Hoisin												SOYA	
Minted mayo				EGGS									SULPHITES
Sweet chilli sauce											SESAME		
sweet & sour dipping sauce	CELERY	GLUTEN										SOYA	
LUNCH SPECIALS													
Corned Beef Hash	CELERY	GLUTEN											
chilli	CELERY	GLUTEN				*** MILK			NUTS		SESAME	SOYA	
curry		GLUTEN				MILK		MUSTARD					