	CELERY	CERALS CONTAINING	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA(E306)	SULPHUR DIOXIDE
		Gluten												(sulphites) E220
SANDWICH CHILLER														
Beef														
Boiled eggs				EGGS										
Brie							MILK							
Caramelised onion														(sulphites) E220
Cheese							MILK							
Chicken														
Chicken tikka				EGGS						NUTS	PEANUTS	SESAME SEEDS		
Chorizo														
Coleslaw				EGGS										
Cous cous	CELERY	Gluten												
Croutons		Gluten												
Egg mayo				EGGS										
Feta							MILK							
Gravy		Gluten					MILK							
Ham														
Humous	CELERY	Gluten		EGGS			MILK		MUSTARD	NUTS		SESAME SEEDS	SOYA(E306)	
Jalapeños														
Lardons														
Olives														
Pasta		Gluten												
Pesto							MILK			NUTS				
Prawns			CRUSTACEANS											
Roasted peppers														
Salami														
Stuffing		Gluten												
Sultanans														
Sunblushed tomatoes														
Sweetcorn														
Tuna					FISH									
Tuna mayo				EGGS	FISH									
Turkey														
DRESSINGS & SAUCES														
Apple chutney		Gluten							MUSTARD					(sulphites) E220
Balsamic														(sulphites) E220
BBQ sauce														
Branston pickle		Gluten												(sulphites) E220
cant believe not butter							MILK							
Chipotle														(sulphites) E220
Cranberry														
Honey mustard									MUSTARD					(sulphites) E220
Horseradish									MUSTARD					
Hp		Gluten												
Ketchup	CELERY													
Mayo				EGGS										
Moroccan										NUTS	PEANUTS	SESAME SEEDS		
Mustard		Gluten							MUSTARD					(sulphites) E220
Parmasam mayo				EGGS			MILK							
Prawn mayo	CELERY			EGGS										
Salad cream				EGGS					MUSTARD					
Sweet chilli												SESAME SEEDS		
BREAKFAST														
Bacon														
Beans														
Black pudding	CELERY	Gluten												
Sausage		Gluten												(sulphites) E220
Toast		Gluten												
PANINIS														
Bacon Brie		Gluten					MILK							
Beef jalapeño cheese		Gluten					MILK							
Chicken bacon cheese		Gluten					MILK							
Chorizo cheese		Gluten					MILK							
Chilli beef brisket & cheese		Gluten					MILK							
Humous Sunblushed tomato olive		Gluten										SESAME SEEDS		
Pulled pork & cheese panini		Gluten					MILK							
Salami cheese pesto		Gluten					MILK			NUTS				
Sausage onion cheese		Gluten					MILK							(sulphites) E220
Tomato cheese pesto		Gluten					MILK			NUTS				
Tuna mayo & cheese		Gluten		EGGS	FISH		MILK							
SET SALADS														
If had with cous cous or pasta all contain wheat gluten		Gluten												
Ceaser		Gluten		EGGS			MILK							
Greek		Gluten					MILK							
Meat feast														
Mediterranean							MILK			NUTS				
Moroccan										NUTS	PEANUTS	SESAME SEEDS		
Prawn	CELERY		CRUSTACEANS	EGGS										
Tuna corn					FISH									
SAUSAGE ROLLS														
Apple		Gluten		EGGS										
Black Pudding chilli	CELERY	Gluten		EGGS										
BBQ		Gluten		EGGS										
Caramelised onion		Gluten		EGGS										(sulphites) E220
Cheese pickle		Gluten		EGGS			MILK							
Corned beef hash		Gluten		EGGS										
Fajita		Gluten		EGGS					MUSTARD					
Festive		Gluten		EGGS										
Jalapeño cheese		Gluten		EGGS			MILK							
Leek & stiliton		Gluten		EGGS			MILK							
Mexican		Gluten		EGGS										
Moroccan		Gluten		EGGS										
Mushroom & thyme		Gluten		EGGS										
Piri piri		Gluten		EGGS										
Pork apple		Gluten		EGGS										(sulphites) E220
Roasted peppers		Gluten		EGGS										
Spinach feta onion		Gluten		EGGS			MILK							(sulphites) E220
Traditional		Gluten		EGGS										
CAKES														
Angel		Gluten		EGGS			MILK							
Apple cinnamon		Gluten		EGGS			MILK							
Banana nut cake		Gluten		EGGS			MILK			NUTS				
Banana white choc		Gluten		EGGS			MILK							
Banoffee cake		Gluten		EGGS			MILK							
Banoffee tarts		Gluten		EGGS			MILK							
Brownie		Gluten		EGGS			MILK							
Butterfly buns		Gluten		EGGS			MILK							
Cappuccino		Gluten		EGGS			MILK							
Caramel tarts		Gluten		EGGS			MILK							(sulphites) E220
Carrot		Gluten		EGGS			MILK			NUTS				
Cheese cake		Gluten					MILK							
Cherry Bakewell		Gluten		EGGS			MILK							
Choc fudge		Gluten		EGGS			MILK							
Choc marble		Gluten		EGGS			MILK							
Chocolate & peanut cookies		Gluten		EGGS			MILK				PEANUTS			

Chocolate Gingerbread		Gluten		EGGS			MILK							
Chocolate nests		Gluten					MILK							
Chocolate orange		Gluten		EGGS			MILK							
Coconut raspberry		Gluten		EGGS			MILK							
Coffee caramel		Gluten		EGGS			MILK							
Coffee walnut		Gluten		EGGS			MILK			NUTS				
Doughnut muffins		Gluten		EGGS			MILK							
Fairy cake		Gluten		EGGS			MILK							
Flapjack		Gluten					MILK							
Fruit almond		Gluten		EGGS			MILK			NUTS				
Gingerbread		Gluten		EGGS			MILK							
Lemon blueberry		Gluten		EGGS			MILK							
Lemon drizzle		Gluten		EGGS			MILK							
Lemon layer		Gluten		EGGS			MILK							
Lemon Poppy seed		Gluten		EGGS			MILK							
Lime coconut		Gluten		EGGS			MILK							
Manchester tart		Gluten		EGGS			MILK							
Mince pies		Gluten		EGGS			MILK							
Oaties		Gluten					MILK			NUTS				
Pecan Nutella		Gluten		EGGS			MILK			NUTS				
Rocky road		Gluten					MILK							
Salted caramel and peanut tarts		Gluten		EGGS			MILK				PEANUTS			
Sticky ginger lemon		Gluten		EGGS			MILK							
Treacle slice		Gluten		EGGS			MILK							
Tart Cases		Gluten		EGGS			MILK						SOYA(E306)	
Victoria sponge		Gluten		EGGS			MILK							
White choc peanut		Gluten		EGGS			MILK				PEANUTS			
SOUP														
Beef & tomato	CELERY													(sulphites) E220
Broccoli blue cheese	CELERY						MILK							(sulphites) E220
Broth	CELERY	Gluten												
Butter bean & bacon	CELERY													
Carrot corriander	CELERY													
Chicken	CELERY	Gluten					MILK							
Creamy tomato	CELERY						MILK							
Curried carrot	CELERY													
Leek & potato	CELERY						MILK							(sulphites) E220
Lentil & bacon	CELERY									NUTS				
Pea and ham	CELERY													(sulphites) E220
Savoy cabbage bacon	CELERY													(sulphites) E220
Spiced lentil	CELERY									NUTS				(sulphites) E220
Spiced parsnip	CELERY													
Sweet potato & chilli	CELERY													
Sweet potato & coconut	CELERY													(sulphites) E220
Tomato & pesto	CELERY						MILK			NUTS				
OTHERS														
Hot chocolate														
Marshmallows														
BREAD PRODUCTS														
Ciabatta		Gluten												
Brown t cakes		Gluten											SOYA(E306)	
Rustic t cakes		Gluten											SOYA(E306)	
Sliced white bread		Gluten												
White t cakes		Gluten											SOYA(E306)	
Danish pastries		Gluten		EGGS										
BUFFET PRODUCTS														
Chicken satay skewers										NUTS	PEANUTS	SESAME SEEDS		
Chicken tikka skewers														
Chicken BBQ wings		Gluten												
Filo wrapped prawns	CELERY	Gluten	CRUSTACEANS	EGGS	FISH		MILK	MOLLUSCS					SOYA(E306)	(sulphites) E220
Mini chicken samosas		Gluten							MUSTARD					
Mini duck spring rolls		Gluten										SESAME SEEDS	SOYA (E306)	
Mini pizzas	CELERY	Gluten			FISH		MILK		MUSTARD	NUTS	PEANUTS			
Mini veg samosas	CELERY	Gluten											SOYA(E306)	
Mini veg spring rolls	CELERY	Gluten											SOYA(E306)	
Quiche		Gluten		EGGS			MILK						SOYA(E306)	